Vision Montessori

July 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	**2**
			Italian Cavatappi w/ Bolognese (Chicken) Sauce ½ c Two-Way Hot (Peas & Carrots) Mixed Vegetables ¼ c Veggie: Italian Cavatappi w/ Marinara; Fresh Fruit	Slow Roasted Turkey & American Cheese Sub ½ ea Fresh Green Beans ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit
5	**6**	**7**	**8**	**9**
Independence Day Observed Schoolhouse Grill Closed	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Freshly Sliced Cucumbers 3 ea w/ Creamy Ranch Dip Veggie: Veggie Hawaiian Balls over Rice; Fresh or Chilled Fruit	Whole Grain Baked Chicken Tenders 3 ea Cooked Diced Carrots ¼ c Veggie: Morningstar Tenders Fresh or Chilled Fruit	Cheesy Baked Ziti ½ c Sweet Yellow Corn ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
12	**13**	**14**	**15**	**16**
Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Five-Way Hot Mixed Veggies ¼ c; Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce; Fresh Fruit	Orange Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Orange Chik Strips; Fresh or Chilled Fruit	Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea Fresh Green Beans ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	State County Fair Turkey Corn Dog 1 ea Two-Way Hot (Peas & Carrots) Mixed Vegetables ¼ c Veggie: Pup Dog on Bun Fresh or Chilled Fruit
19	**20**	**21**	**22**	**23**
Whole Grain Baked Chicken Nuggets 4 ea Five-Way Hot Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Chicken Fajita Rice Bowl 2 oz Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese; Fresh Cucumbers 3 ea w/ Creamy Ranch Dip; Veggie:Bean Rice Bowl; Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Cooked Carrot Coins ¼ c Veggie: Creamy Penne Alfredo Fresh or Chilled Fruit	"Breakfast For Lunch" Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Kid Fav Mac N' Cheese ½ c California Blend Hot Mixed Vegetables ¼ c Veggie: Kid Fav Mac N' Cheese Fresh or Chilled Fruit
26	**27**	**28**	**29**	**30**
Italian Cavatappi w/ Bolognese (Chicken) Sauce ½ c Fresh Green Beans ¼ c Veggie: Italian Cavatappi w/ Marinara Fresh or Chilled Fruit	Breaded Whole Grain Chicken Patty on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c; Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara Sauce ½ c Two-Way Hot (Peas & Corn) Mixed Vegetables ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Five-Way Hot Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit