Vision Montessori

November 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS All lunches served with age appropriate milk, either 1% or whole milk.				Creamy Chicken Penne Alfredo ½ c Cooked Sweet Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit
4	5	6	7	8
Four Cheese Ravioli w/ Marinara Sauce ½ c Fresh Green Beans ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	Fresh Grilled Beef Hamburger on Whole Grain Bun 1 ea Cooked Carrot Coins ¼ c Veggie: Morningstar Garden Patty on Bun Fresh or Chilled Fruit	Chicken Fajita Rice Bowl (Chicken Fajita 2 oz over Rice ¼ c w/ Cheddar Cheese); Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing; Veggie: Bean Rice Bowl; Fresh or Chilled Fruit	Italian Spaghetti w/ Bolognese (Chicken) Sauce ½ c Five-Way Mixed Vegetables ¼ c Veggie: Italian Spaghetti w/ Marinara Fresh or Chilled Fruit	Northwestern Pollock Fish Bites 3 ea California Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit
11	12	13	14	15
Veterans Day Holiday School Closed	Creamy Mac & Cheese ½ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Mac & Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Turkey Hot Dog on Whole Grain Bun 1 ea Cooked Sweet Baby Peas ¼ c Veggie: Pup Dog on Bun Fresh or Chilled Fruit	Whole Grain Baked Chicken Fingers 3 ea Fresh Green Beans ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit
18	19	20	21	22
Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Five-Way Mixed Vegetables ¼ c Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Whole Grain Breaded Chicken Patty on Bun 1 ea Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Morningstar Chik Patty on Bun; Fresh or Chilled Fruit	Whole Grain Baked Chicken Nuggets 4 ea California Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Cheesy Baked Ziti ½ c Cooked Diced Carrot ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
25	26	27	28	29
County Fair Corn Dog 1 ea Fresh Green Beans ¼ c Veggie: Veggie Pup Dog on Bun Fresh or Chilled Fruit	Creamy Mac & Cheese ½ c Five-Way Mixed Vegetables ¼ c Veggie: Mac & Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Thanksgiving Holiday School Closed	Thanksgiving Holiday School Closed